SESD Resources

Social Services Coordinators

Food pantry, clothing closet, connection to community resources, health insurance, assist with benefit applications, transportation to medical appointments.

Jodi Smith, Secondary smithjo@sesd.k.12.pa.us Grades 7-12 SEMS 717-382-4851 ext. 2807 KDHS 717-382-4871 ext. 1131

Miranda DeLauter, Elementary

delauterm@sesd.k12.pa.us Grades K-6 717-382-4851 ext. 3011

School Counselors KDHS 717-382-4871 ext. 1830 SEMS 717-382-4851 ext. 2830 SEIS 717-382-4851 ext. 3830 Stewartstown Elementary 717-382-2725 ext. 8830 Fawn Area Elementary 717-382-4220 ext. 4830 Delta PB Elementary 717-456-5313 ext, 5830

School Nurses KDHS 717-382-4871 ext. 1820 SEMS 717-382-4851 ext. 2820 SEIS 717-382-4851 ext. 3820 Stewartstown Elementary 717-993-2725 ext. 8820 Fawn Area Elementary 717-382-4220 ext. 4820 Delta PB Elementary 717-456-5313 ext. 5820



"Say Something" before it is too late. Safe to Say is a confidential way to report safety concerns to help prevent violence and tragedies

Community Resources

Mason-Dixon Community Services

5 Pendyrus St. Suite 2, Delta, PA 717-456-5555 www.mason-dixon.org/ Emergency Services: food, utilities, housing, youth nights, ext. Food Pantry open Monday-Thursday; 9am-12pm, and 1st Thursday every month 5pm-7pm.

YMCA Southern Community Services

100 Constitution Ave. 2, Shrewsbury, PA 717-235-0446 ext. 401 or 408 yorkcoymca.org/scs/ Emergency food assistance, rental assistance, budget counseling, homeless assistance, and more.

Delta Pregnancy Center

5911 Delta Rd. Delta, PA 17314 24/7 hotline 800-712-4357 deltapregnancycenter.org Pregnancy testing, referrals, counseling & sonography.

Harvest Cafe & Food Pantry

York Regional Dream Center 82 Forrest Ave. Shrewsbury, PA 17361 717-235-7474 Cafe hours: Monday 11am-2pm & Wednesday 4pm-7pm Pantry hours: Wednesday 4pm-7pm

Community Progress Council

717-846-4600 Housing/financial counseling, WIC, self-sufficiency programs.

YWCA of York County 717-845-2631 Racial and Social Justice, Victim Services (emergency domestic violence shelter, safety planning, and legal help), youth programs, summer camps, etc.

Stewartstown United Methodist Church

26 S. Main Street, Stewartstown, PA 17363 Tuesday & Saturday 10am-12pm drive up food pantry. Everyone is welcome, no personal info is required.

Global Recovery Community

To find NA, AA, GA, OA, and other 12-step meetings meetings.intherooms.com

To find your nearest food pantry: Central PA Food Bank 717-564-1700

South Eastern School District



Student & Family Resources

Dental Exams & Services

Family First Health

116 South George Street York, PA 17401 717-845-8617 www.familyfirsthealth.org/ Medical, Dental, Behavior Health and Substance Use Services Monday-Friday 730am-4pm

Wellspan York Hospital Dental Center

1001 S. George St. York, PA 17403 717-851-2655 www.wellspan.org Monday & Tuesdays 8am-630pm; Wednesday-Friday 8am- 430pm

Hoodner Dental Center

605 S. George Street, Suite 110 York, PA 17403 717-812-7860 www.wellspan.org Monday & Thursday 8am-4pm; Wed 8am-430pm; Friday 8am - 2pm

Lancaster County Pediatric Dentistry

Dr. Michael LEmper DDS; DMD 717-464-0230 325 Carol Lynn Drive Willow Street, PA 17584 www.willowstpediatricdentist.com/ Monday 10am-4pm; Tuesday-Thursday 9am-4pm Accepts PA Medical Assistance

Smilebuilderz Urgent Dental Center

2114 Spring Valley Road Lancaster, PA 17601 717-481-7645 https://www.smilebuilderz.com/ Only accepts United, Amerihealth, & UPMC Monday-Saturday 8am-8pm

Main Street Children's Dentistry & Orthodontics of Forest Hill

2003 Rock Spring Rd. Forest Hill, MD 21050 410-885-4177 www.mainstreetsmiles.com Accepts MD & PA Medical Assistance Monday-Friday 8am-5pm Sat 8am-2pm

Immunizations

Pennsylvania State Health Center

1750 N. George St. York, PA 17404-1807 717-771-4505 Every Wed by appointment only. All children must be accompanied by a parent /guardian. Immunization record must be faxed to the center prior to the appointment. No fee.

Vision Resources

Jarrettsville Family Eye Care

3718 Norrisville Rd. Jarrettsville, MD 21084 410-557-8800 www.visionsource-drwassel.com

MyEyeDr Optometry PA LLC

1465 Mt. Airy Rd. Shrewsbury, PA 17361 717-227-2030 www.myeyedr.com These are the two closest providers that accept VSP vouchers (available from the school nurses).

Mental Health Resources

Wellspan Crisis Intervention

1101 South Edgar St, Suite C York, PA 17403 24/7/365 Hotline 717-851-5320 Monday-Friday 8am-430pm, Visit ER after hours

Wellspan Addiction Recovery & Mentoring

1-844-WARMLINE or 1-844-9276-5463 24-hour support line for those affected by addition, with a heavy focus on providing support, resources, and mentoring for those battling an opioid use disorder. You can remain anonymous

Student Assistance Program (SAP)

A multidisciplinary school team that mobilizes school resources to remove barriers to learning and student success. Contact your school for more information.

TrueNorth Wellness Services

717-632-4900 Criss 24/7/365 717-637-7633 Individual & Family Counseling Services, Trauma Counseling, Emergency Crisis, Community Support, Substance Use Treatment, and more. SESD partners with TrueNorth to provide school-based outpatient counseling services. Contact your school for more information.

A Friend Asks

www.jasonfoundation.com A free smartphone app that helps provide the information, tools, and resources to help a friend (or yourself) who may be struggling with thoughts of suicide. Seek professional help if unwanted thoughts and feelings continue. You are not alone.



Comprehensive Health Care Services

Family First Health

116 South George Street York, PA 17401 717-845-8617 www.familyfirsthealth.org Medical, Dental, Behavior Health and Substance Use Services Monday-Friday 730am-4pm. Contact your school for school dentals.

UM Urgent Care at Forest Hill

1528 Rock Spring Road, Suite 100 Forest Hill, MD 21050 717-848-4800 www.umms.org Friday-Wednesday 8am-8pm

Katallasso Family Health Center

717-885-5637 www.katimpact.org A faith-based charitable healthcare center that provides healthcare services to the uninsured and underinsured of York County

Urgent & Orthopedic Care Facilities

Wellspan Urgent Care

www.wellspan.org 96 Sophia Dr. Shrewsbury, PA 17361 717-812-2400 Daily 8am-8pm

OSS Health-Orthopedics

www.osshealth.com 1855 Powder Mill Rd. York, PA 17402 717-848-4800 Monday-Friday 8am-7pm Saturday-Sunday 9am-3pm

Wellspan Urgent Orthopedics

www.wellspan.org 2319 S, George S York, PA 17403 717-812-4090 Monday-Friday 8am-8pm Saturday-Sunday 9am-6pm